Dear Cushing Residents,

I wanted to update you all on the latest recommendations if you are experiencing symptoms of what may be the Covid 19 virus.

At PENBAY MEDICAL CENTER the goal is to have a drive up and /or testing site outside of the hospital very soon.

If you have a doctor and feel that you need to seek medical attention, please call first and you will be given further direction as what you will need to do.

If you do not have a doctor there is a physician hotline accepting new patients. The number is 301-8200. I am told your call will be returned, you'll be screened over the phone and an appointment made.

The primary symptoms of this illness is a new cough and shortness of breath in the last 2 weeks, fever and fatigue.

As of yesterday Penbay is allowing visitors, however that may change, so please call before you plan a visit. The number is 301-8000. Quarry Hill and the Knox Center are not allowing visitors at this time.

For patients that use MILES MEMORIAL HOSPITAL and have a doctor in the Lincoln County Healthcare system and are experiencing symptoms: again : fever, cough and shortness of breath, please call 563-4250 to the nurses line and you will be screened over the phone and given further instructions.

If you do not have a doctor and are experiencing symptoms, call the ER first: 563-4521; you will be given further instruction and be able to drive up to the hospital, stay in the car where you will be screened and tested.

If you are a patient of the VA please call the main number for their recommendations.

If your symptoms worsen, difficulty breathing, elevated fever, weakness; CALL 911

Please remember to call and check in with neighbors, especially if people are living alone.

This is a changing situation day by day and I will continue to update on this site and at the town office as I receive alerts and information.

Take good care and be well.

Sincerely, Mariann Ahola LHO Local Health Officer