

**SOMETIMES IN LIFE WE HAVE TO MAKE TOUGH CHOICES.**

**SOMETIMES THOSE LIFE CHOICES HAVE TO DO WITH OUR DEATHS.**

**SO WHILE YOU ARE PHYSICALLY AND MENTALLY ABLE, THIS IS THE TIME TO BE SURE YOU HAVE IN PLACE HOW YOU WANT IT TO HAPPEN**

**Come to the Cushing town office on Saturday January 12 at 9:00 am to hear a talk on DNR's and other documents you to need execute**

This is among the happiest of holidays and most of us would prefer not to think about death or dying at this time, but like birth, death is a part of this life we have. This note is to inform you about our DNR talk coming up in early January so you can save the date and review your documents.....and maybe start a discussion with your loved ones about this important topic.

**We look forward to seeing you on January 12 at the Town Office.**

Members of the Cushing Rescue Squad have received a number of requests for information about orders for Do Not Resuscitate (or DNRs).

These are bit more complicated and require more than a few lines on a paper if you want to ensure that your wishes about your end of life will be carried out. In short, a 'Do-Not-Resuscitate Order' is a medical treatment order stating that cardiopulmonary resuscitation (CPR) will not be attempted if your heart and/or your breathing stop.

Some other documents expressing your desires should also be in place, e.g., a living will (or advanced directive) and a durable power of attorney).

Rick Petrie, EMT-P, is the Executive Director of Atlantic Partners EMS whose mission is to enhance the delivery of emergency medical services for our region. He will discuss the utilization of DNR orders including the Maine EMS DNR program, Living wills, and "Do Not Treat Orders". He will discuss the options available to the public to make sure their wishes are known.

Don't miss this important presentation. Please tell your friends also. All are welcome.